

# PATIENT INSTRUCTIONS PRIOR TO PERIODONTAL SURGERY

To help you receive the best therapy, we have compiled the following information. Please read it carefully and follow completely.

1. Do not eat or drink anything for four (4) hours prior to your appointment. You may consume enough water to take any prescribed medication as directed by the doctor.
2. Absolutely NO alcohol should be consumed at least eight (8) hours prior to your appointment. Alcohol combined with other drugs can be hazardous to your health.
3. **If** sedation is utilized, someone will need to drive you to and from the office. Bring the name and phone number of the person who will be picking you up after your appointment. This will enable us to phone your escort when you are ready to leave.

## GENERAL INSTRUCTIONS

1. One of the prescriptions that you may have been given is an antibiotic. Please read and follow the labeled directions unless directed otherwise by the doctor. There may be other medications involved and they also should be taken as directed.
2. Wear casual, comfortable clothing with **short, loose, or no sleeves**. If sedation is utilized, the doctor will need to have access to your upper arm/shoulder for the sedation and monitoring.
3. Review the post-surgical instructions. If there are any questions, please call the office prior to the surgical appointment.
4. Avoid aspirin and aspirin-containing substances for at least 7-10 days prior to surgery, unless directed otherwise by the doctor.
5. Female patients are requested not to wear make-up, including nail polish, on the day of surgery.
6. If you wear contact lenses, please leave them out the day of surgery.

**IMPORTANT:** Please advise us if there is any change in your general medical health, or if you are taking any other drugs or medications which are not listed on your medical health questionnaire. If, at any time, you have questions or concerns about your treatment, please do not hesitate to call the office.

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